

How to Host A Breaking Bread for Women in Afghanistan Pot Luck Dinner

1. Decide whether to host the event yourself or whether you would like to co host it with a friend.
2. Set a date and time and invite your friends and ask them if they would like to invite friends. Tell everyone about the Pot Luck Dinner project, that they should bring an appetizer, main course, salad, vegetable dish or dessert as well as a cheque for \$75 or their Visa Card. People should be told that they should bring wine of their choice if that's what they'd like to drink. You are responsible for suggesting which parts of the meal need more dishes to ensure a balanced meal.
3. Look up the www.w4wafghan.ca website. This site is a mine of information about the plight of women in Afghanistan, the general situation there, and what Canadian women and the Canadian government have been doing. Read our Breaking Bread NEWSLETTER that profiles several of the Afghan partner organizations receiving funding from your donations. This information can be passed around at the dinner if people want more information and will help the host stimulate a discussion about Afghan women's situation. Canadian journalist Sally Armstrong's book Veiled Threat, The Hidden Power of the Women of Afghanistan, Penguin 2002, and/or her CBC Documentary Film *Daughters of Afghanistan* available at major video outlets, also provide excellent background. In addition, please consult the Frequently Asked Questions page (found in the Pot Luck Hosting kit) to better prepare yourself for any questions that may come up during your dinner.
4. For the dinner, you should provide cutlery, glasses, plates, napkins, one dish, perhaps a bottle of wine to start the evening off, juice, water, pop, tea, and coffee.
5. When guests arrive, you should, if necessary, tell everyone that since it's a Pot Luck, everyone is to pitch in and help with serving and clearing with their course. Please be sure to hand a copy of the Breaking Bread for Women pamphlet to each of your guests.
6. The conversation at the dinner can be about whatever people want. Some people have everyone sitting at one long table, others do a buffet. Some hosts place a basket with donation forms and envelopes near the front door so people can make a donation as they wish throughout the evening. At some point around dessert, as the host, you should talk about the project if it hasn't been discussed yet, thank everyone on behalf of CW4WAfghan and the Afghan women they are supporting, and request each guest:
 1. Write out their cheque **to be made out to Rights and Democracy**
 2. Or Fill in the Visa /Mastercard Form **making sure to sign it and fill in the expiry date. Do not mail cash.**
 3. Fill in the Guest Summary Sheet. (If guests would like to learn more about CW4WAfghan and/or become members, ask them to provide their email.)
7. Complete and double-check the details on the Guest Summary Sheet.
8. Mail the cheques, Visa Form, Guest Summary Sheet to:

Canadian Women for Women in Afghanistan
P.O. Box 32014 Bankview
Calgary, Alberta T2T 5X6